

Mains

Italian Meatballs \$14.5

Our Chefs secret recipe served with spaghetti & a rich tomato sauce. Mamma would be proud!

Bangers and Mash \$13.5

Can't go without this staple on the menu- cooked the Fishos way you won't go hungry!

Pollo Picante \$19.5

Some just call it Spicy BBQ chicken fillets, served on a bed of Chili Ratatouille!

The Manly Big Breakfast \$13.5

A feast of Sausages, bacon, eggs, grilled tomato served with toast & fries

Veal al Fungi (not fungus!) \$18.5

Traditional tender veal scaloppini pan fried with a creamy mushroom sauce, served on a bed of mash potatoes & seasonal veges. A mouth watering experience!

Chicken Parmesan \$17.5

Whole breast fillet in a tasty parmesan crumb topped with parmigiana sauce & served with seasonal veges

Lemon Honey Chicken \$15.9

Tender battered chicken fillets served swimming in a tangy lemon honey sauce, served with salad & fries

From the Sea

Grilled Barramundi \$17.5

Our succulent Barramundi fillets served with mash, seasonal vegetables & our special tangy lemon butter sauce really hit the spot

Atlantic Salmon \$19.5

Perfectly seared grilled Salmon Steak served with mash, seasonal vegetables & our special tangy lemon butter sauce

Beer Battered Barra and Chips \$14.9

VB beer battered Barra on a bed of fries served with fresh lemon & our homemade tartare sauce. Life doesn't get much better!

Fishos Seafood Basket \$18.5

Finest treats from the ocean including calamari, prawn cutlets & battered fish served with fresh lemon & our homemade tartare sauce

Hot Seafood Platter for 2 \$49.9

For the Seafood lovers, prawns, mussels, fish & much more. Ask our Chef for details

La Sera ~ Manly Fishing & Sporting Club